## Magnolia West High School Sports Medicine Handbook

#### **Mission Statement**

The Primary Mission of the Magnolia West High School Sports Medicine program is to serve and assist the student athletes by providing superior healthcare services through injury prevention, injury recognition, injury evaluation, counseling and guidance, and injury rehabilitation while enabling the Sports Medicine Program to provide leadership and character education to the athletic training student and the student athlete. This program will promote ethical conduct, leadership skills, prepare students to make better life decisions, while also trying to create productive and successful citizens of their chosen profession.

## **Goals and Objective of the Sports Medicine Program**

The goals and objectives of the Sports Medicine Program have been set to measure progress of the Program and ensure academic progress towards graduation.

- 1. To meet the medical coverage needs of the Magnolia West Athletic Programs.
- 2. To produce individuals who learn how to effectively serve others.
- 3. To produce quality high school individuals who excel in the classroom and in extra-curricular activities.
- 4. To provide educational experience in a variety of settings.
- 5. To promote Magnolia West High School at all times.
- 6. To provide the athletic training student aids with a multitude of opportunities to develop skills that will enhance their knowledge after high school.
- To award those individuals who have surpassed expectations and effectively display responsibility in their work habits.
- 8. To have fun with friends working towards a common goal.

#### Introduction

It is a privilege and a responsibility to be a part of the Sports Medicine Program at Magnolia West High School. All athletic training student aids will work with the football team and will be assigned to work a sport in the spring. Athletic training student aids are expected to be at all football practices and games as well as the spring sport practices and games as assigned. Developing a working relationship with the coaches and staff athletic trainers will be essential to the success of the student. Athletic training student aids should know all policies and procedures as outlined in this manual. Always be prepared for anything.

## **Admission Requirements**

Admission to the Magnolia West High School Sports Medicine Program will be considered after completion of the admission process. The process includes the following:

- 1. Turn in a completed Sports Medicine Program Application.
- 2. Read and understand the Policy and Conduct Procedure Manual and turn in the signature page with signatures from both applicant and parent.
- 3. Write a short essay explaining why you would like to be a Athletic Training Student Aid for Magnolia West High School. This essay should include of how being a member of the program would benefit your long term goals.
- 4. Turn in three completed reference forms.
- 5. Complete the interview process with the Magnolia West High School Athletic Training Staff.
- 6. Turn in a completed Physical.
- 7. Work spring football practices the spring before wishing acceptance into the Magnolia West Sports Medicine Program or work a three week probationary period as seen fit by Staff Athletic Trainers.
- 8. Enrolling in the appropriate Sports Medicine class.

## **Retention Requirements**

Once a student becomes accepted into the Sports Medicine Program, he/she must perform and behave above that which the general school population does by maintaining grades, attending class on time, and not having disciplinary remarks on their school record. The Athletic Training Student Aid is also expected to be a model citizen, and that includes having a clean criminal record. To remain in the Magnolia West Sports Medicine Program, the athletic training student aid must:

- 1. Follow the policies and procedures outlined within this handbook.
- 2. Remain eligible to participate in all athletic training activities.
- 3. Pass the annual Athletic Training Student Aid Evaluation.
- 4. Be a model citizen.

#### **Academics**

The Athletic Training Student Aid is expected to maintain all academic work as set forth by Texas State Law. This includes maintaining a minimum passing average of 70% to be able to participate in any extracurricular event sponsored by the school district.

Any student who fails a class will be suspended from game participation for three weeks for the first offense. The student must pass all classes at the three week progress period to become reinstated for game participation. If the student is not passing all classes at the three week progress period, that student will continue to be suspended for game participation. Work duties will be altered to allow more time for academics and the student must attend tutorial sessions given by the teacher of the failing grades.

If a student who fails a second time, he/she will be suspended for a six week period from both game participation and practice. The student must then meet with the staff athletic trainers to discuss why the grades are deficient and what the student's goals are. The decision to allow the student back into the program will be determined by the Staff Athletic Trainers. If grades continue to be insufficient, further suspension may be required.

The Athletic Training Staff will have grounds to dismiss students from the Sports Medicine Program that are failing after two grading periods. These two grading periods do not need to be consecutive grading periods. Each situation will be handled individually by the Staff Athletic Trainers after reviewing all of the circumstances for the failing grades.

Work in the athletic training room must not and will not become more important than academic work. If you need more time to study, or need to miss a work assignment for an academic reason, contact a staff athletic trainer at least one day in advance. If possible, find a replacement to cover the assignment you will miss.

## **Athletic Training Student Aid Dismissal**

Grounds for early dismissal from the sports medicine program include:

- 1. Negligence of training room responsibility.
- 2. Negligence of practice and game responsibilities.
- 3. Failure to comply with the policies set forth in the Sports Medicine Handbook.
- 4. Failure to comply with school policies and regulations.
- 5. Continued failure to meet Texas State Academic Standards.
- 6. Failure to follow directions of Staff Athletic Trainers or Coaches.
- 7. Attempting to perform any type of medical or therapeutic procedure that is outside of the student's capability and/or is illegal. (Such as performing ultrasound, EMS, etc.)
- 8. Any out of school incidents that are not becoming of a Magnolia West Mustang Athletic Trainer. (arrest, fighting, vandalism, drugs, etc.)
- 9. Poor attitudes or talking back to Staff Athletic Trainers or Coaches. (Ex. rolling eyes and displaying looks of disgust while being corrected, or exhibiting a patronizing attitude.)
- 10. Any circumstance as seen fit for dismissal by the Staff Athletic Trainers

A student who is in violation of any of the above standards will be consulted privately and given an ultimatum to change the infraction or be dismissed. In addition, a letter or e-mail will be sent to the parents explaining the circumstance. If the infraction is not rectified, the student will be dismissed. It will be explained why the dismissal is necessary. Care will be used to make sure the student may enter another class that will not interfere with graduation.

## **Duties for Athletic Training Student Aids**

The most important thing expected from the athletic training student aids is that they are <u>loyal, honorable and dependable</u>. Missing practice or game assignments will not be tolerated from anyone!

- 1. Responsible for maintaining academic work and good work attendance.
- 2. Responsible for working events assigned by a staff athletic trainer.
- 3. Responsible for having fluid and ice on the field during practice and games.
- 4. Responsible for cleanliness and care of the athletic training room.
- 5. Responsible for stocking and care of supplies in athletic training room.
- 6. Responsible for being where assigned **BEFORE** the assigned time. Tardiness will result in either dismissal of game coverage or loss of a day off for each occurrence.
- 7. Fulfill duties as asked of you without complaining. Remember that the position you are applying for is associated with the word and definition of work! You will not be asked to perform any duty that any of the staff athletic trainers have not previously performed.
- 8. Maintain CPR and First Aid certification as stated by Texas State Law.
- 9. Administer First Aid as directed by the staff athletic trainers.
- 10. Taping athletes as directed by staff athletic trainers.
- 11. Report all injuries to a staff athletic trainer.
- 12. Assist with keeping a current inventory of equipment and supplies.
- 13. Assist with rehabilitation of injuries only to the extent that you have been told by a staff athletic trainer.
- 14. Assist with record keeping as directed by staff athletic trainers.
- 15. Assist with the yearly physicals performed for Magnolia West High School.
- 16. Find a replacement if unable to attend scheduled event or practice.
- 17. Join the Magnolia West Sports Medicine Twitter or other online group or site.
- 18. Other duties as prescribed.

#### **Football Practice Duties / Responsibilities**

- 1. Pre-Practice Preparation, includes but is not limited to, having water carts ready at the practice fields, water bottles ready, fanny packs stocked, practice kits stocked.
- 2. Do not place water bottles or water bottles racks on the ground while at football practice.
- 3. Do not place water bottles or water bottle racks on the water carts. This gets dirt and grass on the tops of the water carts which get into the coolers.
- 4. Arrive at the football fields ten minutes before the players. Getting ice in the water bottles in not an acceptable excuse for being late!
- 5. Spread out among the players and be available if anyone needs water, first aid, or other medical attention.
- 6. Watch the players and alert the staff athletic trainers if an injury occurs.

#### When an injury occurs:

- 1. Refer athlete to a Staff Athletic Trainer and let him/her decide the appropriate action.
- 2. Never tell an athlete anything regarding an injury without consulting a Staff Athletic Trainer

#### **Code of Ethics**

- 1. Athletic Training Student Aids should neither practice nor condone discrimination against any person.
- 2. Athletic Training Student Aids should not condone, engage in, or defend unsportsmanlike conduct or practices.
- 3. Athletic Training Student Aids should provide care on the basis of the needs of the individual athlete and they should not discriminate in providing care on the basis of athletic ability.
- 4. Athletic Training Student Aids should strive to achieve the highest level of competence. They should use only those techniques and preparations for which they are qualified and authorized to administer.
- 5. Athletic Training Student Aids should recognize the need for continuing education to remain proficient in their practice. They should be willing to consider new procedures within guidelines that assure safety.
- 6. Athletic Training Student Aids should recognize that personal conflicts and relationships might occur which may interfere with professional effectiveness. Accordingly, they should refrain from undertaking any activity in which personal issues are likely to lead to inadequate performance or harm to an athlete or colleague.
- 7. Athletic Training Student Aids should use care to be truthful and not misleading when stating their education and experience.
- 8. Athletic Training Student Aids should not discuss **ANY** medical conditions or injuries with **ANYONE** other then a Staff Athletic Trainer currently serving at Magnolia West High School.

## **Confidentiality of Injury Status**

# ALL INFORMATION REGARDING PLAYER INJURY STATUS IS CONSIDERED CONFIDENTIAL, AND SHOULD NOT BE THE TOPIC OF CONVERSATION WITH FRIENDS OR ANYONE ELSE THAT IS NOT ASSOCIATED WITH MAGNOLIA WEST SPORTS MEDICINE!

### **Training Room Policies**

- 1. The Athletic Training Room will be kept clinically clean at all times.
- 2. All therapeutic equipment and modalities must be handled with care.
- 3. The equipment in the athletic training room is only for the treatment or prevention of injuries. This equipment is not to be used for personal use unless approved by a staff athletic trainer. At no time is the equipment to be used for play. (Ex. riding the treatment stools in the training room)
- 4. All therapeutic rehabilitation will be administered according to prescription.
- 5. No change in therapeutic treatments shall be administered by a athletic training student aid without permission from a staff athletic trainer.
- 6. While in the Athletic Training Room, it is the responsibility of the athletic training student aids to make sure that all athletes' behavior is maintained as in a clinic. There is to be no horseplay or foul language. Those not adhering to your instructions should be reported to a Staff Athletic Trainer.
- 7. It is the responsibility of ALL athletic training student aids to make sure that all athletes have been taken care of (taped, treatments, etc.) no matter what sport that athlete is participating in.
- 8. It is the responsibility of the athletic training student aids, when handing out equipment (crutches, elastic wraps, braces, etc.), to mark down the name of the person receiving it. Also, he/she should make sure that the equipment is returned.
- 9. It is the responsibility of athletic training student aids to make sure that ALL treatments are recorded on the Daily Treatment Log or to remind the athletes to use the online treatment entry form.
- 10. Any grievances should be directed to a Staff Athletic Trainer.

#### Office

The Staff Athletic Trainer's office and desks will be strictly off-limits to athletes and athletic training student aids. It is not a place to hang out, store backpacks, or congregate unless invited. The only exception is if a staff athletic trainer gives permission to use the telephone. Telephone calls should be short and limited to immediate business. It should not be used for personal calls or for lengthy calls.

## **Cell Phones, Cameras and Electronic Devices**

Cell phones ARE allowed to be in your possession although there are specific rules about the use of phones and other electronic devices. The acceptable uses of cell phones are to either call or text a staff athletic trainer to inform them about either an injury or needing ice or water in a specific location. Cell phones are not to be used to text or call friends or family during practice, class, or games. Cell phones can be a wonderful tool for sharing information, but if they are abused the privilege of using them will be denied. Cell phones are not to be out and in use during class time. An exception will be if the athletic training student aids can show that he or she is using the cell phone to recover notes being discussed.

## MP3 Players/I-pods/Head phones

Athletic training student aids should not use MP3 Players (I-pods/Cell Phones) or other devices that are connected to head phones. There is NOT ANY TIME when the use of head phones is needed. These devices are a distraction, and the Athletic Training Student Aids cannot hear directions given to them. Head phones will not be worn at any time while performing duties as an athletic training student aids. Failure to comply could lead to dismissal from the program or the staff athletic trainer taking the headphones to be returned in one week's time.

#### **Cameras**

Cameras are not to be used without permission of a staff athletic trainer. Injuries to student-athletes are confidential and photographs of an injury have to follow specific criteria to protect the injured athlete's identity. Do not take pictures of an injury unless permission has been given.

#### **Social Media Web Sites**

Social Media Web Sites, including but not limited to Facebook, Twitter, Instagram or Pinterest can be an educational tool, or can be a huge disruption in educational life as well as one's personal life. These web sites should not have ANY vulgar language, inappropriate photos, comments, cartoons, or links while you are associated with the Magnolia West Sports Medicine program. Any inappropriate or hateful content can be grounds for suspension or removal from games, practice, or participation in the program. You represent the entire staff, profession and students while you are a part of the Magnolia West Sports Medicine program, and behavior of either a vulgar or hateful manner will not be tolerated. When on a social media site, you are encouraged to express yourself in a positive and well thought out manner. Show your intelligence and not your anger or contempt when using the World Wide Web.

#### **Dress Code**

As a member of the Mustang Sports Medicine Team you are expected to maintain a professional appearance at all times. This must be achieved to uphold the high standards of the athletic department. As an athletic trainer, we are expected to follow the rules and standards of the athletic department as a whole. Final decision on any dress code issue is to be at the discretion of the staff athletic trainer. Remember that you represent Magnolia West High School.

The staff will dress alike and look professional at all times. All athletic training student aids will dress appropriately for each event. The athletic training student aids will wear designated apparel issued for that particular sport. You are responsible for all issued clothing, bags, etc. Loss or failure to return the issued clothing at the end of the year will result in replacement at your cost.

#### TO BE PREPARED YOU SHOULD HAVE:

- At least one good quality Mustang Sports Medicine T-shirt.
- At least one pair of good quality shorts.
- At least one good quality Mustang Sports Medicine Game Shirt.
- At least one pair of good quality Docker style khaki pants. <u>Skinny Pants ARE NOT ACCEPTABLE!</u> <u>NO SKIN TIGHT PANTS WILL BE ALLOWED!!</u>
- At least one pair of good quality wind pants.
- At least one pair of **athletic** shoes. <u>Flats, Toms, Sandals, Uggs, or boots will NOT be acceptable.</u> Exceptions to boots only are possible for rainy weather, but approval must be received beforehand.

#### Hair

- Must be kept in a neat and professional manner.
- Must not be a distraction or dyed in any unnatural manner.
- Must be pulled back and kept out of your face.

#### **Piercings & Tattoos**

- Ear piercing is acceptable (for ladies) however, excessive ear piercing will not be allowed while at school or while representing the school.
- No other body piercing (tongue, eyebrow, nose, navel, etc.) may be visible at any time while at school or representing the school.
- No tattoos may be visible at any time.

#### **Footwear**

- Athletic shoes with socks must be worn at all times while you are in the Athletic Training Room, including during the academic day. This is for your protection and allows for you to be able to jog/run if needed.
- Do not wear brand new/expensive shoes in the Athletic Training Room as they may, and probably will, get muddy at some point.
- Ample locker facilities are available and it is recommended that you take advantage and keep a spare pair of shoes in the Athletic Training Room.

#### Hats

- MWHS hats/visors may be worn and are encouraged for practice.
- Only MWHS hats may be worn to games.
- All baseball style hats/visors must be worn to the front.

#### **Academic Day**

• While you are allowed to follow the school dress code during the school day, you must remember that your dress may not be appropriate to fulfill your Athletic Training Room work obligation. Be mindful of this fact if your dress is not appropriate or practical you will be required to change for the period.

#### **Practice**

- Mustang Sports Medicine t-shirts and shorts must be worn to all post school practices without exception.
- Magnolia West High School Dress Code applies to all Athletic training student aids while on the MWHS Campus.
- Athletic shoes as outlined earlier for in school and post school practices.
- Fanny packs must be stocked and worn during practice.

#### Varsity Football

- Students will wear assigned Mustang Sports Medicine Game shirt. This shirt is to be tucked in at all times. (BEFORE WE LEAVE THE HIGH SCHOOL TO GO PLAY)
- Students will wear **Docker** style khaki pants or coordinating warm-ups/wind pants. These garments must be of good quality and look professional. <a href="Skinny Pants ARE NOT ACCEPTABLE!">Skinny Pants ARE NOT ACCEPTABLE!</a> NO SKIN TIGHT PANTS WILL BE ALLOWED!!
- Fanny pack must be stocked and worn at all times.

#### All Other Games

- Mustang Sports Medicine Game Shirts are preferred, but Mustang Sports Medicine T-shirts may be worn if well
  maintained. Shirts must be tucked in at all times.
- Again good quality, **Docker** style khaki shorts/pants are preferred. However, good quality denim jeans are allowed. **Skinny Pants ARE NOT ACCEPTABLE! NO SKIN TIGHT PANTS WILL BE ALLOWED!!**
- Students will also be required to follow the dress code implemented by each head coach when traveling with that team. Game clothing will be slacks, appropriate shirts. These shirts can be issued clothing from the Staff Athletic Trainers.

#### Volleyball and Basketball Expectations, Boys and Girls

If you are assigned to work the sport of basketball, either men's or women's, you will have to live up to the expectations of the Staff Athletic Trainers and the sport's coaches.

#### You will be expected to:

- Be on time, which is BEFORE the announced time
- PUT UP CELL PHONE! Unless contacting either the Staff Athletic Trainer, or the sport's coach, your cell phones will remain unused
- During practice and games, unless tending to hydration prep or an athletic injury, the gymnasium athletic training room is not to be occupied
- Communicate with your Staff Athletic Trainers and Coaches as to who is, and is not working practices and games in a timely fashion with a printed schedule
- Respect your commitment to the program
- When traveling with your team, immediately introduce yourself to the Staff Athletic Trainer of the hosting school
- Stand up during time outs while being ready to help hydrate athletes
- Halftime is for working, not eating, work hard to hydrate athletes at halftime
- Carry your needed supplies (Sling Bag) with you at all times
- Have a towel with you during games; if there is a reason for water to be removed from the gym floor use your towel
- Be active in the gym with the basketball team during practice (help run the clock, pass balls, catch rebounds, etc.)

- Attire during games are, Khaki or Black slacks with one of the MWHS Sports Medicine polo shirts and shoes, no sandals
- Maintain the cleanliness of the gymnasium athletic training room
- Inform the Staff Athletic Trainers before supplies run out so ordering can be completed
- Communicate with Staff Athletic Trainers information about ALL athletic injuries in your sport
- Be prepared to hand out ice bags after a game or practice, quickly
- During events at home, introduce yourself to the visiting coaches and convey that you can assist them on water or ice bags
- Do not break down the water stations while at home events until it is obvious that both teams have decided there is no more need for either water or ice bags

#### Soccer Expectations, Boys and Girls

If you are assigned to work the sport of soccer, either men's or women's, you will have to live up to the expectations of the Staff Athletic Trainers and the sport's coaches.

#### You will be expected to:

- Be on time, which is BEFORE the announced time
- PUT UP CELL PHONE! Unless contacting either the Staff Athletic Trainer, or the sport's coach, your cell phones will remain unused
- Communicate with your Staff Athletic Trainers and Coaches as to who is, and is not working practices and games in a timely fashion with a printed schedule
- Respect your commitment to the program
- When traveling with your team, immediately introduce yourself to the Staff Athletic Trainer of the hosting school
- Stand up during substitutions while being ready to help hydrate athletes
- Halftime is for working, not eating, work hard to hydrate athletes at halftime
- Carry your needed supplies (Sling Bag) with you at all times
- Attire during games are, Khaki or Black slacks with one of the MWHS Sports Medicine polo shirts and shoes, no sandals. During cold weather games, you are allowed to wear additional clothing to stay warm
- Maintain the cleanliness of the field house athletic training room
- Inform the Staff Athletic Trainers before supplies run out so ordering can be completed
- Communicate with Staff Athletic Trainers information about ALL athletic injuries in your sport
- Be prepared to hand out ice bags after a game or practice, quickly
- During events at home, introduce yourself to the visiting coaches and convey that you can assist them on water or ice bags
- Do not break down the water stations while at home events until it is obvious that both teams have decided there is no more need for either water or ice bags
- Carry a minimum of two racks or bottles when traveling to away games

#### DO NOT

- Do not wear shorts that are not in dress code.
- Do not wear your slacks tucked into a pair of boots or other footwear.
- Do not wear pants with holes in them.
- Do not wear pants that are frayed or have cuts in them.
- Do not wear off the shoulder shirts.
- Do not wear spandex or tights.
- Do not wear a dress that is body tight.

#### DRESS CODE DISCIPLINE

- If you are not in MWHS dress code you will be asked/told to correct the problem.
- The student will have the option of using stocked Sports Medicine T-shirt/shorts for emergency purposes. If used, these are expected to be washed and returned the following day.
- If a dress code violation is not willfully and quickly corrected, the student will be asked to leave and not return until the problem is corrected. The student will also lose participation points for any assignments missed during that time.

- A student not in dress code will be considered absent for the daily practice schedule and may result in not working the varsity contest.
- Continued dress code violations will likely result in dismissal from the Sports Medicine Program.

## The Relationship of the Athletic Training Student Aids and Others

- 1. Athletic Training Student Aids and Staff Athletic Trainers: Staff athletic trainers are your immediate superior, and you are responsible to him/her at all times. Feel free to discuss anything with him/her at all times. When the athletic training student aid is corrected by a staff athletic trainer there shall not be any inappropriate remarks or looks of disrespect towards the staff athletic trainer. The athletic training student aid must understand that their job is an important job which needs direction and attention to detail and that correction will need to be made occasionally.
- 2. Athletic Training Student Aids and Physicians: As an athletic training student aid you will have a wonderful opportunity to get to know and work with physicians that help the Mustangs. You can learn a great deal from the physicians by just watching and listening to them discuss various injuries. Feel free to ask questions, but try not to get in their way. Generally, a staff athletic trainer will make most arrangements with the physicians; however, you may be called upon to report to the physicians in an emergency situation. Be sure to give them detailed information and follow their instructions and orders immediately and efficiently.
- 3. **Athletic Training Student Aids and Coaches:** Learning to get along with the coaches and developing a good working relationship with them is important. It will also help keep you out of trouble! NEVER discuss injury situations with coaches! Player information should come from a staff athletic trainer only!! Talk with your coach about practice times, game changes, and bus arrival/departure time so you are always kept informed. If you have a problem with a coach, YOU DO NOT TRY to handle it, contact a staff athletic trainer.
- 4. Athletic Training Student Aids and Athletes: As an athletic training student aid you are expected to know the correct and appropriate way to act towards student athletes. Although the staff athletic training student aid decides that he/she will date a student athlete, he/she understands that if problems arise, due to the relationship, that cause problems in treating the student athlete then the athletic training student aid may be dismissed from either that sport or the Sports Medicine Program. Remember, when relationships fail, feelings are hurt and emotions run high. Also, the truth is exaggerated and rumors can begin. The staff athletic training student aid to get to know an athlete for potential dating, please do not apply for a position. Flirting, kissing, hugging, and other inappropriate behavior towards any athlete will not be tolerated from a athletic training student aid. This kind of behavior will be grounds for dismissal.

## **Working Hours**

- 1. You will be requested to report to the training room at a set time daily.
- 2. You should check the work schedule several times each week for any changes.
- 3. Football is not the only sport that requires health care!! We are responsible for ALL sports. You are expected to work as hard and enthusiastically in all sports as you would during football.
- 4. You will be expected to work as late as midnight, in some cases, and should learn to make good use of free time to maintain academic work.

#### Work Habits

- 1. You should be at work on time every day. Tardiness will result in disciplinary actions. Continued tardiness will result in removal from the program.
- 2. If you enrolled in an athletic period, you should WORK the entire period, just like any other class. Sitting and talking or horsing around will result in not accomplishing goals and will result in lower grades.
- 3. A good attitude is important!! A poor attitude shows in everything you do. A poor attitude is the quickest way to get into trouble with a staff athletic trainer. A continued poor attitude will be grounds for disciplinary actions, including not being assigned to work varsity contests and leading to dismissal from the program.
- 4. Be positive with the athletes you work with during treatments and taping. Athletics mean a great deal to most players, and an injury can represent a major setback in their life. If a player seems to be down about his/her injury status, try to emphasize the positive side. Making statements like "You're looking much better than yesterday", or "Keep up the good work" will mean a lot to the athlete.
- 5. Be professional in your conduct around the Athletic Training Room!! There should be no horseplay or foul language and refrain from making bad comments about coaches, players, teachers, administrators, etc.

#### Lettermen Jackets

- "Athletic training student aids will become eligible to receive a letter jacket award after completing their second sport assignment of their second year."
- "The coach of any sport, at his/her discretion, may recommend for a letter, an athlete who had not met the above mentioned requirements. There are instances when a participant will contribute greatly to team success through personal effort, loyalty, attitude, etc., and, if deemed worthy, he/she should receive a varsity letter."
- "A student-athlete may not receive participation awards if he/she becomes ineligible. The final decision is made by the head coach."

## **Athletic Training Student Awards**

- 1. To be eligible to receive and Annual Athletic Training Award, the student:
  - a. Must maintain eligibility throughout the previous year or semester.
  - b. Must not have received any discipline referrals throughout the previous year or semester.
  - Must abide by the Magnolia West Athletic Training Student Aid Handbook policies throughout the previous year or semester.
    - i. Most Improved Athletic Training Student Aids of the Year
      - 1. Voted on by the Staff Athletic Trainers of eligible student.
    - ii. Mustang Heart Award
      - 1. Voted on by the Staff Athletic Trainers of eligible student.
    - iii. Newcomer of the Year
      - 1. Voted on by the Student.
    - iv. Athletic Training Student Aids of the Year
      - 1. Voted on by the student.

## **Taping**

- 1. The athletic training student aid is expected to learn how to prepare an athlete with a basic ankle tape job. This is expected to be completed by the end of the first six weeks of entering the program. This will be a graded assignment.
- 2. As the athletic training student aid becomes more involved with the program, additional taping assignments may be assigned as additional graded assignments.
- 3. Taping of wrists for "LOOKS" is not to be done.

## **Phone Numbers - MEMORIZE THEM!!**

AMBULANCE 911

Athletic Training Room 281-252-2550 EXT: 7266 (Bates) 281-252-2550 EXT: 7267 (Thompson)

Jessica Bates Cell Phone 636-221-2879 Christina Thompson Cell Phone 281-881-0114

## **Agreement**

I have read all of the information in the Athletic Training Student Aid Handbook and have completed the application truthfully. I am aware of the needed work ethic and understand that good grades are the priority of the program. I have also shared the Athletic Training Student Aid Handbook with my parents and am fully committed to the Sports Medicine Program.	
Student Signature	Date
I have read the information contained in the Athletic Training Student position on the Athletic Training Student Aid Staff.	nt Aid Handbook and give my child full consent to apply for a
Parent/Guardian Signature	Date
I verify that this applicant's information is accurate and correct:	
Counselor's Signature	Date